



SEAHORSE *Tales*

Woolgoolga Public School

TERM 4 ISSUE 7 20th November 2015

Excel Class 2016

Students from Year 6 were given the opportunity to apply for a placement in the Woolgoolga HS excel class. Applicants went through a selection process of:

- putting together and submitting a portfolio of achievements and
- completing a series of tests and challenges at a 'Super Saturday Workshop' held at the high school.

Applicants' portfolios, together with test and challenge results were reviewed by a selection panel consisting of Woolgoolga High School teachers and executive.

Congratulations to the following students who were successful in gaining selection into the Woolgoolga High School excel class for year 7 - 2016:

Alaura Panagaris, Talisha Harboe, Isaac Fowler, Lachlan Rook, Yuvraj Sidhu, Brock Goodman and Miles Darbin.



K-2 Assemblies during Intensive Swimming

This week our K-2 assembly will go ahead as usual. For the following two weeks (weeks 8 and 9) K-2 assembly will be happening at 2:30pm to cater for Year 2's participation in intensive swimming.

P&C Christmas Raffle

Thank you to those parents who have already contributed to our Christmas hampers. Your donations will help make this fundraising effort a huge success. Items may be left at the front office.

We now have some more raffle tickets available from the office if you have returned your first book and would like to collect a new one.

Kindergarten 2016 Transition

The next kindergarten 2016 transition day is tomorrow, Friday 20th November from 12:00 – 2:00pm. Children will be participating in dance and attending our K-2 assembly.

Please ensure we have all the required documentation for your child to commence school next year.

- application to enrol
- birth certificate
- immunisation history statement
- proof of residential address.

Fire Safety

Due to the current bushfire crisis in WA it is a timely reminder for us all to be prepared. The following information has been provided by the NSW Rural Fire Service. Are you Prepared to Survive?

Being prepared this bush fire season is an important part of protecting your family and home from the impacts of bush fires. A key to being prepared is to understand the level of bush fire risk you and your property are exposed to and the ways you can reduce this risk. The NSW Rural Fire Service has developed a stepped process that ensures your Bush Fire Survival Plan is appropriate for your circumstances. Please visit www.rfs.nsw.gov.au for further information.



Students enjoyed a special 'hotdog day' put on by our Seahorse Café yesterday.

Woolgoolga Public School Weeks Ahead

Week 7	Week 8	Week 9	Week 10
Friday 20th November Kinder 2016 Transition 12:00 – 2:00pm	Monday 23rd November Intensive swimming continues Tuesday 24th November P & C Meeting Friday 27th November K-2 Assembly at 2:30pm	Monday 30th November Kinder 2016 Transition 1:30pm – 3:15pm Thursday 3rd December Year 6 Orientation Day at WHS Friday 4th December Last day of Intensive swimming K-2 Assembly at 2:30pm	Tuesday 8th December Presentation Day 9:30am Thursday 10th December Year 6 Farewell Dinner Friday 11th December Year 6 Graduation Assembly



Education

SCHOOL ASSEMBLIES

Stages 2 & 3 - Fridays @ 12:00

Stage 1 – Fridays @ 12:45pm

This week's assembly will be presented by:
Nick Pepper and Ella Smith

Silver Award



Congratulations to Ava White of 3E who will receive her silver award later in the year.



Soft Drinks (and diet soft drinks)

Most of us know that children should be drinking water every day as well as reduced-fat milk. However there are a huge number of other sweetened and 'soft' drinks on the market that are also regularly consumed.

Our body does require some sugar but excess intake can increase risk of Type 2 diabetes and weight gain. It is also a concern if these nutrient-poor drinks replace intake of foods from the five food groups.

While there are less kilojoules and added sugar in diet 'soft' drink varieties, they can still be detrimental to bone and dental health as they are quite acidic.

AWARDS

CONGRATULATIONS

To this week's

Award Winners

Certificate of Merit

- Olive Elliott KK
- Tayarna Henderson-Smith KK
- Isaac Johnstone KK
- Jasman Sahota KK
- Georgia Filetti KM
- Herkiran Kaur KM
- Sophie Berry 1G
- Chase Henderson-Smith 1G
- Charli McVey 1G
- Xanthe Storrie 1G
- Jamie Parker 2R
- Cara Wiebenga 2/3A
- Sehaj Singh 3E
- Kyra Fuller 4L
- Kassy Gordon 4L
- Byron Parker 4L
- Leila Filetti 4S
- Lewis Partridge 4S
- Harjaap Singh 4S
- Riya Bhrola 5W
- Kirandeep Singh 5W
- Hamish Capp-Reid 5/6A
- Charlie Greenhalgh 5/6A
- Taj Singh 5/6A
- Alana Ward 5/6A



Certificate of Excellence

- Olive Elliott KK
- Manjot Kaur KK
- Sahib Singh K/1A
- Regan Kirtley 1G
- Eisha Singh 3E
- Byron Parker 4L
- Kobie-Mai Fox 5W
- Cooper West 5W





In maths we are learning about expanded notation. We had fun using dice to make three digit numbers.



We have silent reading at the end of our Guided Literacy session.



In Community Language we have been learning about Diwali, the festival of light.



We are learning about the effect of heating and cooling on foods in Science. We used cooked pasta to make hair on our art work.



Our fitness sessions help develop our fundamental movement skills. Here we are improving our dodge and kicking skills.